



SOFT DRINKS

FOLKINGTONS

£1.95

Cranberry / Cloudy Apple / Pink Lemonade / Mango / Orange / Pear

FRANKLINS

£1.95

Dandelion & Burdock / Ginger Beer / Apple & Rhubarb / Lemonade & Elderflower /
Strawberry & Raspberry

COKE

£1.85

Regular or Diet

SANPELLEGRINO

£1.80

Blood Orange / Grapefruit / Lemon

WATER

£1.00 / £1.50

Still or Sparkling

Glass (330ml) / Plastic (500ml)

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TEA / HOT DRINKS

ENGLISH BREAKFAST TEA

Tea for One: £1.75

Tea for Two: £2.80

LOOSE LEAF TEAS

Please see our counter for our wide range of quality loose leaf teas

Pot of Loose Leaf Tea: £2.50

HOT CHOCOLATE

*Known for our more sophisticated hot chocolate, no sweets and fake cream,
just good quality hot chocolate:*

Small: £1.90 / Medium: £2.40 / Large: £2.70

CHAI LATTE

If you like that cinnamon taste, a sweet and mildly spicy drink made with hot milk:

Small: £1.90 / Medium: £2.40 / Large: £2.70

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LUNCH

Served all day and every day until 4pm

CLASSIC B.L.T:

Generous serving of crispy bacon, beef tomato, crispy lettuce and a dash of mayo on thick cut bread (Contains: Gluten, Eggs and Milk) - £5.45

HALLOUMI CIABATTA

Fried halloumi, sliced chorizo & roasted red pepper on a warmed ciabatta
// Vegetarian option - Avocado instead of chorizo.
(Contains: Gluten, Eggs and Sulphur Dioxide) - £5.45

SAUSAGE STILTON

Pork and leek sausage, with melted stilton and caramelised onion on a warmed ciabatta
(Contains: Gluten, Milk, Soya and Sulphur Dioxide) - £5.45

GOATS CHEESE CIABATTA

Melted goats cheese with sun-blush tomato paste & rocket on a warmed ciabatta
(Contains: Gluten, Milk, and Sulphur Dioxide) - £5.45

SMOKED SALMON BAGEL

Finest oak smoked salmon, cream cheese & chives served on a warmed bagel
(Contains: Gluten, Milk, and Fish) - £5.45

BACON, FIG AND STILTON BAGEL

Grilled bacon topped with melted quality stilton cheese and topped with a locally made fig chutney, all on a warmed bagel (Contains: Gluten and Milk) - £5.45

CROQUE MONSIEUR

Cheddar cheese and baked ham toasted and topped with béchamel sauce and grated mozzarella (Contains: Gluten, Milk and Soya) - £4.95

Any of the above made on Sourdough Bread add 60p /

TRYING TO BE GOOD? Any of the above can be made into a Salad for an extra £1.50

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LUNCH

Served all day and every day until 4pm

TODAY'S SOUP

(Have a look at our soup board)

INCLUDE A MINI SOUP WITH ANY OF OUR SANDWICHES FOR £6.95

With Sourdough toast - £3.75

With Melted Cheddar on Sourdough toast - £4.95

Include a mini soup with any of our sandwiches above - £6.95

SIDE PLATES

Humous & Lightly Toasted Sourdough Toast - £3.95

(Contains: Gluten and Sesame)

Olives - £2.50

Olive Oil and Balsamic served with Lightly Toasted Sourdough Bread - £3.25

(Contains Gluten and Sulphites)

UNIT 51 PLATTER

Lightly Toasted Sourdough Bread, Olives, Humous, Oil, Balsamic, Cheese Selection with Chutney, Seasoned Salad Selection.

For 1: £8.95

For 2: £17.00

(Contains: Gluten, Sulphites, Milk and Sesame)

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COFFEE

A sweet and balanced coffee blend. The presence of prized Arabic coffee gives the coffee delicateness in the cup and a soft suave aroma. This is a soft and tangy blend with a moderate flavour. Freshly ground on order, our milk is never over heated to retain that sweetness every coffee deserves.

ESPRESSO : £1.50 / £2.20

MACCHIATO : £1.70 / £2.50

AMERICANO : £2.20 / £2.50 / £2.80

FLAT WHITE : £2.40

CORTADO : £2.40

CAPPUCCINO : £2.40 / £2.80 / £3.20

LATTE : £2.40 / £2.60 / £2.90

MOCHA : £2.80 / £2.90 / £3.20

DE-CAF : Extra 30p

Soya Milk / Oat Milk / Almond Milk: 30p

Syrup shot: William Fox Syrup Shots, see our display for flavours 50p

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BREAKFAST

Served until 12noon weekdays and until 2pm at Weekends

BREAKFAST SPECIAL

2 of everything: Crispy bacon, pork and leek sausage, free range eggs, portobello mushroom and cherry vine tomatoes on thick sliced toast - £7.95

(Contains: Gluten, Eggs and Milk)

VEGETARIAN BREAKFAST SPECIAL

2 vegetarian sausage, 2 free range eggs, portobello mushrooms, fig, avocado and cherry vine tomatoes on thick sliced toast - £7.95

(Contains: Gluten, Eggs and Milk)

POACHED EGGS

Free range poached eggs served on toasted sourdough bread with roasted portobello mushroom and cherry vine tomatoes - £5.75

(Contains: Gluten, Eggs and Milk)

BREAKFAST SANDWICH

A generous serving of grilled bacon, topped with 2 free range poached eggs and a dash of mayo on thick buttered toast or a bagel (please specify) - £5.95

Pork and leek sausage on toast (Contains: Gluten, Sulphite and Milk) - £4.75

Crispy thick cut back bacon on toast (Contains: Gluten, Sulphite and Milk) - £4.55

Free range poached eggs on toast (Contains: Gluten, Eggs and Milk) - £3.95

SIDES:

2 rashers of crispy bacon - £2.15

2 pork and leek sausages - £2.35

2 poached eggs - £1.65

Portobello mushroom - £1.50

½ avocado sliced - £1.50

2 Vegetarian sausage - £2.00

(Contains Gluten)

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BREAKFAST

Served until 12noon weekdays and until 2pm at Weekends

PORRIDGE

Served with chopped banana and blueberries, sunflower seeds, maple syrup and dusted with cinnamon. (Contains: Gluten and Milk)

£4.25

GRANOLA

Served with natural yoghurt, fresh berries, maple syrup and dusting of cinnamon. (Contains: Gluten, Nuts, Milk, Peanuts, Sesame Seeds)

£3.95

FRENCH TOAST

Brioche bread dipped in egg, fried & seasoned with cinnamon, served with natural yoghurt, fresh berries, maple syrup and dusted with cinnamon. - £4.95

(Contains: Gluten, Eggs and Milk)

TOAST

Sourdough bread (Contains gluten) - £2.70

Multigrain or white (Contains gluten) - £2.40

Bagel (Contains gluten) - £2.60

Gluten Free Bread - £2.40

(Whilst we try our best to ensure no cross contaminations, we do run a small busy kitchen, and cannot promise that small amounts of gluten may find itself on chopping boards, tools or appliances)

PRESERVES (30P)

- Jam / Marmalade (Locally made by Cheshire chutney company)

- Marmite

- Peanut butter

- Honey

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BEER AND WINE

LAGER

Peroni / Alhambra Reserve / Corona / Alhambra Especial
£3.50

ALES

Penny Lane Pale, Toxteth IPA, Nightmare on Bold Street,
see our fridges for more choices: £4.25

RED WINE:

Sizes: 175ml / 250ml / Bottle

Casilerro Del Diablo: £4.75 / £5.85 / £17.00 (bottle)

Vinoir - Merlot: £4.75 / £5.85 / £17.00 (bottle)

WHITE WINE:

Sizes: 175ml / 250ml / Bottle

Vinoir - Sauvignon Blanc: £4.75 / £5.85 / £17.00 (bottle)

Pinot Grigio Blush: £4.75 / £5.85 / £17.00 (bottle)
